

National Education Programme for General Practitioners

# Health and Work in General Practice

The RCGP invites all General Practitioners to an interactive half-day workshop on managing work and health issues in their patient population



**Date** 3 November 2010

**Time** 12.30pm - 4.00pm

**Venue** Four Pillars Cotswold Water Park (GL7 5FP)

Updated  
to include  
section on  
new Fit Note

## Delegate Testimonials

**“Excellent course, has definitely increased my confidence in assessing fitness for work and has addressed several related issues that I previously struggled with. I believe my assessment for fitness for work will change as a result of today’s teaching”**

**“I thought this workshop could be deadly boring but it was interesting and stimulating”**

**£15 for RCGP members  
£20 for other delegates**

**Book online at the RCGP website:  
[www.rcgp.org.uk/healthandwork](http://www.rcgp.org.uk/healthandwork)**

For more information about this national initiative, please contact:  
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Registered Charity Number 223106



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### Evidence

There is considerable evidence that enabling people to return to work is good for their long term health. Worklessness can cause poor health and health inequality, however many patients require active support to be able to return to work or to continue working with a medical condition

### Importance of General Practice

For the majority, GPs are the trusted first point of contact and guidance for those with such health problems. Doctors have a duty of care to act in the best interests of their patient and there is evidence that GPs find sickness absence management particularly challenging and may be unsure of what they and the General Practice team should do. This can be a source of conflict in the consultation.

### Learning Outcomes

The Royal College of General Practitioners, is offering this programme of interactive half-day workshops throughout Great Britain. The purpose of this training is to increase the knowledge, skills and confidence of GPs in dealing with clinical issues relating to work and health; to ensure that they are aware of their responsibilities in this area and to signpost additional means of support which will enable them and their teams to be confident that they are providing the best possible patient care.



**Earn 3 CPD points—double this by completing a 3-month post-event questionnaire**

## Workshop Programme

**Facilitators:** Dr Charlie Vivian  
Dr Arif Jiwany

- 12:30** Lunch
- 13:00** Introduction
- 13:10** Work and health - the evidence and the GP consultation
- 14:00** Coffee break
- 14.30** Managing the return to work  
- strategies and skills for the everyday consultation
- 15:45** Practical tips
- 16:00** Close

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