



## SERVICES AVAILABLE TO ASSIST GPs WITH HEALTH & OTHER PROBLEMS

### **Nationally available services:**

Irwin Mitchell (Solicitors)

(Contact Paul Bourne IRO Project Manager)  
(Solicitors dealing with allegations of unlawful discrimination & other complex law cases)

Tel: 0114 2721705

National Counselling Service for Sick Doctors

1 Park Square, London NW1 4LJ

Tel: 0870 241 05351

Doctors Support Network

Self help group for doctors with mental illness

Tel: 0870 321 0642

[www.dsn.org.uk](http://www.dsn.org.uk)

Doctors' SupportLine

Staffed by trained volunteer doctors

Tel: 0870 765 0001

BMA Doctors for Doctors & BMA Counselling Service - 24 hr support/immediate access to trained counsellors

Tel: 08459 200 169

BMJ Careers Chronic Illness Matching Scheme  
Opportunity for doctors who have a chronic illness or disability to receive informal careers advice from another doctor.

[www.bma.org.uk/public/chill.nsf](http://www.bma.org.uk/public/chill.nsf)

Sick Doctors Trust

Tel: 0870 444 5163

Website: [www.sick-doctors-trust.co.uk](http://www.sick-doctors-trust.co.uk)

The British Doctors & Dentists Group

Tel: 0870 7383 6142/020 7487 445 or 0845 920 0169

Doctors recovering from chemical dependency  
Monthly group meetings.

Financial help:

BMA Charities

Tel: 020 7383 6142/020 7383 6334

including Cameron Fund 020 7388 0796

[www.bms.org.uk/about\\_bma/charities/bmacharities.jsp](http://www.bms.org.uk/about_bma/charities/bmacharities.jsp)

Royal Medical Benevolent Fund

Tel: 020 8450 9194

Royal Medical Foundation

Tel: 01372 821011

[www.royalmedicalfoundation.org](http://www.royalmedicalfoundation.org)

email: [caseworker@royalmedicalfoundation.org](mailto:caseworker@royalmedicalfoundation.org)

National clinical assessment authority (investigates performance of doctors)

Telephone: 0870 267 0850

[www.ncaa.nhs.uk](http://www.ncaa.nhs.uk)

One to One (counselling service for training grade doctors in the South West Deanery)  
Telephone: 0845 130 5354

Maudsley Hospital provides an acute referral service for severely ill health professionals under the auspices of Professor Ann Farmer and Dr. Tony Clare. In the first instance Phone 020 3228 4696 (after hours 4693)

**Gloucestershire LMC**